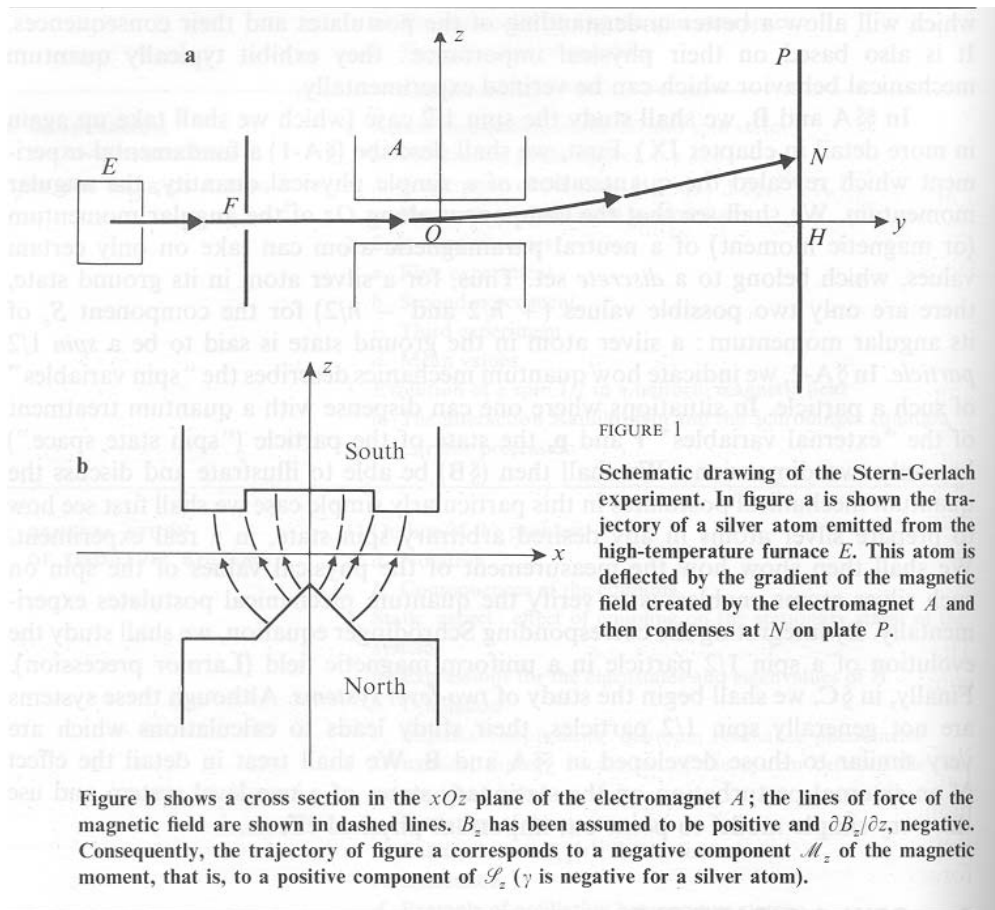


Ph195a lecture notes, 11/14/01

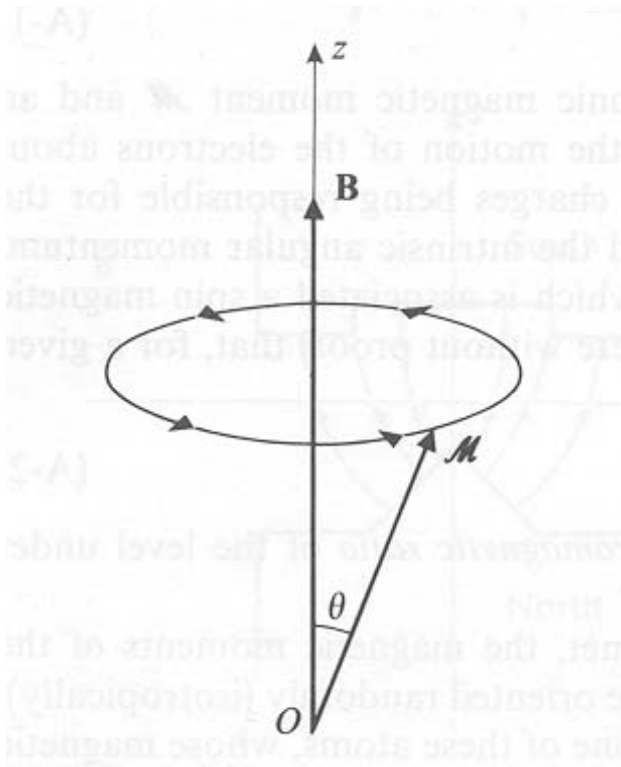
Today's lecture follows Cohen-Tannoudji, Diu, and Laloe, Chapter IV.

[Cohen-Tannoudji *et al*, Ch. IV Figure 1]



$$\begin{aligned}
 W &= -\vec{\mu} \cdot \vec{B} \\
 \vec{F} &= -\nabla W \\
 &= \nabla(\vec{\mu} \cdot \vec{B}) \\
 \vec{\mu} &= \gamma \vec{S} \\
 \vec{\Gamma} &= \vec{\mu} \times \vec{B}
 \end{aligned}$$

[Cohen-Tannoudji *et al*, Ch. IV Figure 2]



Due to precessional averaging of transverse components,

$$\vec{F} = \nabla(\mu_z B_z).$$

Quantum description:

$$|\Psi\rangle \in H_2$$

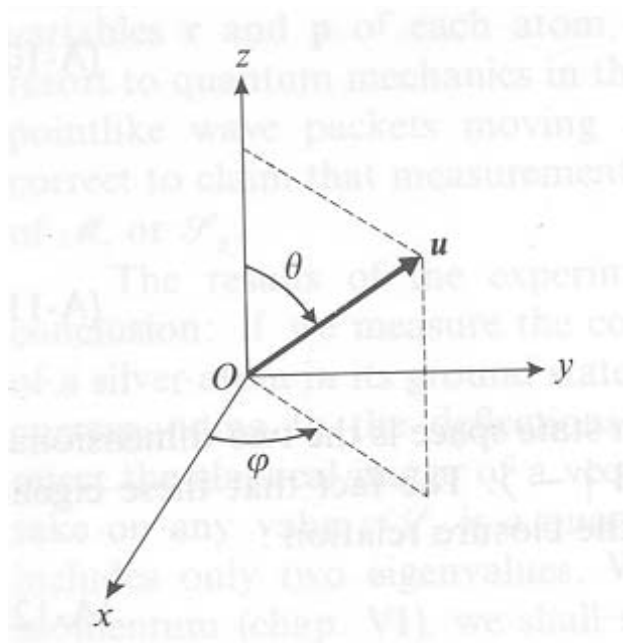
$$H_2 = \text{span}\{|+\rangle, |-\rangle\}$$

$$\langle + | + \rangle = \langle - | - \rangle = 1,$$

$$\langle + | - \rangle = 0.$$

$$\begin{aligned}
\mathbf{S}_z &= +\frac{\hbar}{2}|+\rangle\langle+| - \frac{\hbar}{2}|-\rangle\langle-| \\
&= \frac{\hbar}{2} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \\
\mathbf{S}_x &= \frac{\hbar}{2} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \\
&= +\frac{\hbar}{2}|+_x\rangle\langle+_x| - \frac{\hbar}{2}|-_x\rangle\langle-_x| \\
|+_x\rangle &= \frac{1}{\sqrt{2}}(|+\rangle + |-\rangle), \\
| -_x\rangle &= \frac{1}{\sqrt{2}}(|+\rangle - |-\rangle), \\
\mathbf{S}_y &= \frac{\hbar}{2} \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} \\
&= +\frac{\hbar}{2}|+_y\rangle\langle+_y| - \frac{\hbar}{2}|-_y\rangle\langle-_y| \\
|+_y\rangle &= \frac{1}{\sqrt{2}}(|+\rangle + i|-\rangle), \\
| -_y\rangle &= \frac{1}{\sqrt{2}}(|+\rangle - i|-\rangle).
\end{aligned}$$

[Cohen-Tannoudji *et al*, Ch. IV Figure 4]



$$\begin{aligned}
\mathbf{S}_u &= \mathbf{S}_x \sin \theta \cos \phi + \mathbf{S}_y \sin \theta \sin \phi + \mathbf{S}_z \cos \theta \\
&= \frac{\hbar}{2} \begin{pmatrix} \cos \theta & \sin \theta \exp(-i\phi) \\ \sin \theta \exp(+i\phi) & -\cos \theta \end{pmatrix}, \\
|+u\rangle &= \cos \frac{\theta}{2} \exp(-i\phi/2) |+\rangle + \sin \frac{\theta}{2} \exp(+i\phi/2) |-\rangle, \\
|-u\rangle &= -\sin \frac{\theta}{2} \exp(-i\phi/2) |+\rangle + \cos \frac{\theta}{2} \exp(+i\phi/2) |-\rangle.
\end{aligned}$$

Dynamics in the quantum theory:

$$\begin{aligned}
W &= -\vec{\mu} \cdot \vec{B}, \\
\vec{\mu} &= \gamma \vec{S}, \\
\mathbf{H} &= -\vec{\mu} \cdot \vec{B} \\
\vec{\mu} &= \gamma(\mathbf{S}_x \hat{x} + \mathbf{S}_y \hat{y} + \mathbf{S}_z \hat{z}), \\
&\equiv \gamma \vec{S} \\
\mathbf{H} &= -\gamma(\mathbf{S}_x B_x + \mathbf{S}_y B_y + \mathbf{S}_z B_z).
\end{aligned}$$

Let's think about  $\vec{B} = B_0 \hat{z}$ . Then

$$\begin{aligned}
\mathbf{H} &= -\gamma B_0 \mathbf{S}_z \\
&= \omega_0 \mathbf{S}_z, \\
\omega_0 &\equiv -\gamma B_0,
\end{aligned}$$

where  $\omega_0$  is called the "Larmor frequency."

Think about SE:

$$i\hbar \frac{d}{dt} |\Psi\rangle = \mathbf{H} |\Psi\rangle$$

with  $|\Psi(0)\rangle = |+\rangle$ . Then

$$\begin{aligned}
i\hbar \frac{d}{dt} |\Psi\rangle &= \frac{\hbar \omega_0}{2} (|+\rangle \langle +| - |-\rangle \langle -|) |\Psi\rangle \\
\frac{d}{dt} |+\rangle &= \frac{-i\omega_0}{2} |+\rangle \\
|\Psi(t)\rangle &= \exp(-i\omega_0 t/2) |+\rangle.
\end{aligned}$$

What about  $|\Psi(0)\rangle = |+_x\rangle$ ?

$$\begin{aligned}
|+_x\rangle &= \frac{1}{\sqrt{2}} (|+\rangle + |-\rangle), \\
|\Psi(0)\rangle &= |+_x\rangle \\
|\Psi(t)\rangle &= \frac{1}{\sqrt{2}} (\exp(-i\omega_0 t/2) |+\rangle + \exp(i\omega_0 t/2) |-\rangle).
\end{aligned}$$

Recalling the general expression:

$$|+_u\rangle = \cos \frac{\theta}{2} \exp(-i\phi/2) |+\rangle + \sin \frac{\theta}{2} \exp(+i\phi/2) |-\rangle,$$

Apparently  $\theta = \pi/2$  always, and  $\phi = \omega_0 t$ .

And for  $|\Psi(0)\rangle = |+_u\rangle = \cos \frac{\theta}{2} \exp(-i\phi/2) |+\rangle + \sin \frac{\theta}{2} \exp(+i\phi/2) |-\rangle$ , for some arbitrary  $\theta$  and

$\phi$ ,

$$\begin{aligned} |\Psi(t)\rangle &= \cos \frac{\theta}{2} \exp(-i\phi/2) \exp(-i\omega_0 t/2) |+\rangle + \sin \frac{\theta}{2} \exp(+i\phi/2) \exp(i\omega_0 t/2) |-\rangle \\ &= \cos \frac{\theta}{2} \exp(-i(\phi + \omega_0 t)/2) |+\rangle + \sin \frac{\theta}{2} \exp(+i(\phi + \omega_0 t)/2) |-\rangle, \end{aligned}$$

again we see  $\theta$  is constant,  $\phi$  increases linearly with  $t$ .

Let's now consider

$$\mathbf{H} = \mathbf{H}_0 + \mathbf{W},$$

where

$$\begin{aligned} \mathbf{H}_0 &= \omega_0 \mathbf{S}_z \\ &= \frac{\hbar\omega_0}{2} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \end{aligned}$$

and we let  $\mathbf{W}$  be something completely arbitrary,

$$\mathbf{W} = \begin{pmatrix} W_{11} & W_{12} \\ W_{21} & W_{22} \end{pmatrix}$$

in the  $z$  basis. Then the total Hamiltonian is

$$\mathbf{H} = \begin{pmatrix} E_1 + W_{11} & W_{12} \\ W_{21} & E_2 + W_{22} \end{pmatrix},$$

$$E_1 = \hbar\omega_0/2, \quad E_2 = -\hbar\omega_0/2,$$

which can analytically be solved to find

$$\begin{aligned} E_+ &= \frac{1}{2}(E_1 + W_{11} + E_2 + W_{22}) + \frac{1}{2}\sqrt{(E_1 + W_{11} - E_2 - W_{22})^2 + 4|W_{12}|^2}, \\ E_- &= \frac{1}{2}(E_1 + W_{11} + E_2 + W_{22}) - \frac{1}{2}\sqrt{(E_1 + W_{11} - E_2 - W_{22})^2 + 4|W_{12}|^2}. \end{aligned}$$

If we simplify to  $W_{11} = W_{22} = 0$ , we find

$$\begin{aligned} E_{\pm} &= E_m \pm \sqrt{\Delta^2 + |W_{12}|^2}, \\ E_m &\equiv \frac{1}{2}(E_1 + E_2), \\ \Delta &\equiv \frac{1}{2}(E_1 - E_2). \end{aligned}$$

Assuming  $|W_{12}| \ll \Delta$  (which for us would be  $B_x \ll B_z$ ), then

$$E_{\pm} = E_m \pm \Delta \left( 1 + \frac{1}{2} \left( \frac{|W_{12}|}{\Delta} \right)^2 + \dots \right).$$

Generally gives "anti-crossing" diagram [Cohen-Tannoudji *et al*, Ch. IV Figure 11]:

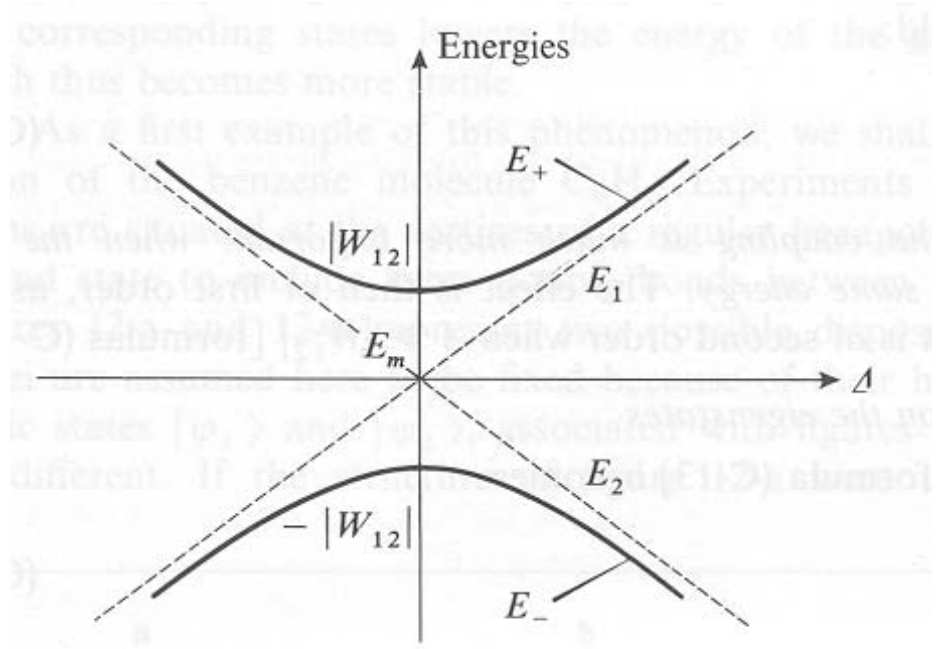


FIGURE 11